



PALM VILLAGER

A PUBLICATION OF PALM VILLAGE RETIREMENT COMMUNITY • SPRING 2005

PVRC: Providing Something for All Generations

People live their lives frequently focusing on their daily tasks. But what about the future? Daily demands will give way to new and different expectations. As people age, interests and needs will change. As a provider of services for the seniors, we offer the following thoughts to each generation.

20 SOMETHINGS

Finishing school and getting a career is high on your list no doubt. It seems the last thing to think about is your retirement, but you would do well to include it in your planning.



As it stands now, Social Security will be insolvent in 20 years, Medicare will be insolvent in 10 years. No doubt politicians will do something to change matters, but whatever happens, your needs will not be entirely or satisfactorily met with government plans. You would do well to start investing for retirement. Small amounts left to compound for 40 to 50 years will serve you well in your senior years.

30 SOMETHINGS

Finding yourself involved with children? Nieces or nephews? Be sure to take those little

ones to visit their older relatives. Grandpa and Grandma, Aunt Betty and Uncle Fred, are good sources of friendship and family history. Grandparents are the link for two generations back. Now is the time to hear the stories. Also, now is the time to show those kids they need to visit their senior family members and friends. Set the example so that when you are the senior, someone will come and visit you.

40 SOMETHINGS

When will those teenagers leave the nest? Getting ready to see those kids fly on their



own? Not so fast, according to Marilyn Moats Kennedy. Kennedy says today's generation is not marrying for the first time or finding long term employment until they are 30. Kennedy describes this as "delayed maturation" when compared to the baby boomer parents and grandparents. Think, and budget for parenting kids that may well live at home for 25 years, not 18. The work to connect your teen-age children to seniors may not be easy, but en-

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All Generations, *from page 1*

courage it nonetheless. It may prove meaningful as the years pass.

50 SOMETHINGS

“The old grey mare, she ain’t what she used to be?” Stiff back? creaky knees? high cholesterol? If you have been putting off taking care of yourself, stop putting it off! Get healthy so that your retirement years can be active. You may also be in the position to begin looking after your parents. Make sure their needs are met. Do they have a plan for their retirement years? Do you know the plan? Does it involve you? It may be time to talk with Mom and Dad. Be caring and realistic. Do the right thing for your parents, and remember your kids are watching. Treat your parents like you will want to be treated.

60 SOMETHINGS

Time to have some fun? Is 60 really the new 40? What do you want to do? If you have been



work oriented and have not pursued hobbies, will you be able to find enjoyment in your retirement years? Experts say that for those of us that like to work and have not played much during our adult lives, we need to revisit our lives

70 SOMETHINGS +

Congratulations! You made it! Moses celebrates your arriving to the age of “three score and ten” in Psalm 90. Are you planning your

senior years or are you just waiting for things to happen? If you are waiting, take an active role and plan. Choose what you want to do. Choose where and how you want to live. Plan for the expected and the unexpected. People call these the golden years for a reason, enjoy them.

Thank You, Barbara

We all have been saddened with the sudden passing of our newsletter editor, and Marketing Director, Barbara Seargeant. For 13 years, Barbara graced us with a passion for life. We will miss her tireless positive attitude and expressions of love for our residents. The front office, mealtimes, lobby decorations, and this newsletter will not be the same without her.



Barbara Seargeant

To Norm and family, our thoughts and prayers continue to all of you, and to Barbara, one more thank you for all you did for all of us.

David

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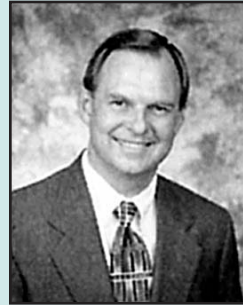
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By Jim Dueck
 Development Director

When your children were young, did you help their school raise money for classroom supplies and equipment? When your local church began a building project, were you there to help them complete it? If you have been part of a project where your giving and the giving of many others were necessary to complete it, then you know the joy that comes with being involved in something much bigger than yourself.

King Solomon said, "Two are better than one, because they have a good return for their work. If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!"

It has taken much more than one person's individual effort for Palm Village to continuously minister to the needs of seniors for over 63 years. It has taken the teamwork of many staff, volunteers and donors to continue the work in the face of many obstacles.

If you have benefited from the services Palm Village offers, either directly or through your family or friends, please consider joining the team that supports the ongoing work of caring for the needs of seniors. It will bring you joy and you will make a difference in the lives of many seniors.

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Spring 2005
COA 170 Lic. #100404809

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