




# January 2024



# Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>8:30 Van to RMBC 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:30 Board Games 6:00 New Life Community sermon on Channel 3</p>	<p>8-10 Rose Parade 8:45 Exercise Video 9:00 Men's Prayer 9, 1:30 &amp; 6:30 Coffee Break 12 &amp; 1 Rummikub 1:30 Cookie Social</p> <p><i>Happy New Year!</i></p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:30 Ladies' Prayer 10:00 Craft Corner 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9, 1:30 &amp; 6:30 Coffee Break 9:50 Documentary 10:00 Pet Visits 12 &amp; 1 Rummikub 1:15 National Geographic 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Coffee Break 9:50 Bingo 10:00 Memory Keepers 1:15 Pampered Hands 3:00 Book Club 6:00 Chapel 7:00 Coffee Break</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Van to Walmart 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Mystery Drive 1:15 Sequence 2:30 Bingo</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 9:00 Movie Matinee 1:15 Bingo 2:30 Wii Bowling</p>
<p>8:30 Van to RMBC 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:30 Board Games 6:00 New Life Community sermon on Channel 3</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9:00 Men's Prayer 9, 1:30 &amp; 6:30 Coffee Break 9:00 Van to Town 9:50 Bible Study 12 &amp; 1 Rummikub 1:30 Treats in Barbara's 2:30 Bingo</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:30 Ladies' Prayer 10:00 Craft Corner 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 1:45 Shredding 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9, 1:30 &amp; 6:30 Coffee Break 9:50 Documentary 12 &amp; 1 Rummikub 1:15 National Geographic 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Coffee Break 9:30 Officers' Meeting 10:00 Memory Keepers 3:00 Book Club 6:00 Chapel 7:00 Coffee Break</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Van to Walmart 9:50 Bingo 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Skip-Bo 2:30 Coffee Shop Special</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee 1:15 Bingo 2:30 Wii Bowling</p>
<p>8:30 Van to RMBC 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:30 Board Games 6:00 New Life Community sermon on Channel 3</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9:00 Men's Prayer 9, 1:30 &amp; 6:30 Coffee Break 9:00 Van to Town 9:50 Bible Study 12 &amp; 1 Rummikub 1:30 Treats in Barbara's 2:30 Bingo</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:30 Ladies' Prayer 10:00 Craft Corner 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9, 1:30 &amp; 6:30 Coffee Break 9:50 Documentary 10:00 Cards With Mary Ann 11:00 Lunch Out 12 &amp; 1 Rummikub 1:15 National Geographic 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Coffee Break 9:50 Bingo 10:00 Memory Keepers 1:30 Coffee Break 1:15 Pampered Hands 3:00 Book Club 6:00 Chapel 7:00 Coffee Break</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Van to Walmart 9:50 Bingo 10:00 Men's Dominoes 1:00 Women's Dominoes 2:00 Old Marine</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee 1:15 Bingo 2:30 Wii Bowling</p>
<p>8:30 Van to RMBC 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:30 Board Games 6:00 New Life Community sermon on Channel 3</p>	<p>7:00 Barber is Here 8:45 Exercise Video 9:00 Silver Sneakers 9:00 Men's Prayer 9:00 Van to Town 9:50 Bible Study 12 &amp; 1 Rummikub 1:30 Treats in Barbara's 2:30 Bingo</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:30 Ladies' Prayer 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 1:15 Armchair Travels 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9, 1:30 &amp; 6:30 Coffee Break 9:50 Documentary 12 &amp; 1 Rummikub 1:15 National Geographic 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Coffee Break 9:50 Bingo 10:00 Memory Keepers 1:30 Coffee Break 3:00 Book Club 6:00 Chapel 7:00 Coffee Break</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Van to Walmart 9:50 Bingo 10:00 Men's Dominoes 1:00 Women's Dominoes 1:30 Birthday Party</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:00 Chinese Checkers 1:00 Movie Matinee 1:15 Bingo 2:30 Wii Bowling</p>
<p>8:30 Van to RMBC 9:00 RMBC on Channel 3 and in the Chapel 10:30 Sunday School 1:30 Board Games 6:00 New Life Community sermon on Channel 3</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9:00 Men's Prayer 9:00 Van to Town 9:50 Bible Study 12 &amp; 1 Rummikub 1:30 Treats in Barbara's 2:30 Bingo</p>	<p>8:45 Exercise Video 9, 1:30 &amp; 6:30 Coffee Break 9:30 Ladies' Prayer 10:00 Craft Corner 10:00 Men's Dominoes 1:00 Women's Dominoes 1:15 Board Games 2:30 Bingo</p>	<p>8:45 Exercise Video 9:00 Silver Sneakers 9, 1:30 &amp; 6:30 Coffee Break 9:50 Documentary 12 &amp; 1 Rummikub 1:15 National Geographic 2:30 Bingo</p>			
<p>ALL ACTIVITIES MAY BE SUBJECT TO CHANGE</p>						