

JANUARY 2026

Independent Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
					1 10:00 Ladies Prayer 1:00 Sequence board game 1:15 Pampered Hands	2 10:00 Bingo 2:00 Mystery Ride 3:00 Readings at Barbara's 	3
4 9:00 RMBC Church Service Stream - Chapel	5 8:30 Barber Shop 9:00 Silver Sneakers 10:00 Bingo 2:00 Color by number's 3:00 Table Games 	6 10:00 Ping pong, Wii sports, & Pool 1:30 Special Event Committee Meeting 2:00 Writing/ Journaling class 3:00 Reading & Coffee at Barbara's 	7 9:00 Silver Sneakers 10:00 Bingo 10:00 Documentary 3:00 Table Games 	8 10:00 Ladies Prayer 10:00 Bible Project 1:00 Sequence board game 6:00 Chapel 	9 10:00 Bingo 1:30 Shredding 2:00 Table Bowling 	10	
11 9:00 RMBC Church Service Stream - Chapel	12 9:00 Silver Sneakers 10:00 Bingo 2:00 Bookmark Making 3:00 Table Games 	13 10:00 Ping pong, Wii sports & Pool 2:00 Movie Special 3:00 Reading & Coffee at Barbara's 6:00 Game Night 	14 9:00 Silver Sneakers 10:00 Bingo 10:00 Men's Coffee 1:30 National Geographics 3:00 Table Games 	15 10:00 Ladies Prayer 1:00 Sequence board game 1:15 Pampered Hands 6:00 Chapel 	16 10:00 Bingo 2:00 Kingsburg Train Depot 	17	
18 9:00 RMBC Church Service Stream - Chapel	19 9:00 Silver Sneakers 10:00 Bingo 2:00 Frosted Jar Lanterns workshop 3:00 Table Games 	20 9:30 Ladies Bible Study 10:00 Ping pong, Wii sports & Pool 1:30 National Cheese Day/ Lobby 2:00 Writing Journal class 3:00 Reading & Coffee at Barbara's	21 9:00 Silver Sneakers 10:00 Bingo 1:30 Cards with Mary Ann 3:00 Table Games 	22 10:00 Ladies Prayer 1:00 Sequence board game 6:00 Chapel 	23 10:00 Bingo 1:30 Table Bowling 	24 10:00 Ping Pong, Wii sports, & Pool 1:00 Bingo 2:30 Word Search	
25 9:00 RMBC Church Service Stream - Chapel	26 9:00 Silver Sneakers 10:00 Bingo 1:15 Town Hall 2:00 Key or Jewelry Dishes painting 3:00 Table Games 	27 10:00 Ping pong, Wii sports & Pool 1:30 National Chocolate Cake Day/ Lobby 2:00 Movie Special 3:00 Reading & Coffee at Barbara's 	28 9:00 Silver Sneakers 10:00 Men's Coffee 10:00 Bingo 1:30 Arm Chair Travels 3:00 Table Games 	29 10:00 Ladies Prayer 1:00 Sequence board game 1:15 Pampered Hands 6:00 Chapel 	30 8:00 Breakfast Bar 10:00 Bingo 	31	

ACTIVITIES MAY BE SUBJECT TO CHANGE MATERIALS AVAILABLE UPON REQUEST.